

# WADO INTERNATIONAL KARATE- DO FEDERATION

## **Dan Grade Syllabus (2020 - 2022)**

All candidates must possess a valid WIKF Passport (Membership License)

Juniors can grade for 1<sup>st</sup> & 2<sup>nd</sup> Dan only. Juniors taking 1<sup>st</sup> Dan may choose only one Ohyo Gumite, Kihon Gumite and Kata from the grading syllabus. Juniors taking 2<sup>nd</sup> Dan may choose as well only one Ohyo Gumite, Kihon Gumite, Kata and Tanto Dori. Juniors taking senior 2<sup>nd</sup> Dan or senior 3<sup>rd</sup> Dan must first complete the full senior 1<sup>st</sup> or 2<sup>nd</sup> Dan examination.

A grading application fee of £40 will be collected from all applicants prior to the examination.

### TIME IN GRADE REQUIREMENTS ARE:-

SHODAN – Regular practice as 1<sup>st</sup> kyu minimum 9 months

NIDAN – Regular practice as Shodan minimum 18 months

SANDAN – Regular practice as Nidan minimum 3 years

YONDAN – Regular practice as Sandan minimum 4 years

GODAN – Regular practice as Yondan minimum 5 years.

Sixth, Seventh and Eighth Dan grades are awarded at the discretion of Sensei Wicks following regular practice and when the respective minimum time in grade requirements of 6, 7, and 8 years are met.

Candidates must wear a clean white Gi, and bring sparring mitts, plus pen and paper for the written test.

### REGISTRATION OF DAN GRADE- (Fee payable by successful applicants only)

SHODAN £130, NIDAN £140, SANDAN £150, YONDAN £180, GODAN £210, ROKUDAN £250, SHICHIDAN £300, HACHIDAN £300.

JUNIOR'S – SHODAN £80, JUNIOR'S - NIDAN £100

### KIHON TSUKI & KERI (ALL GRADES)

(1) Kette Junzuki

(2) Kette Gyakuzuki

(3) Kette Junzuki no Tsukomi

(4) Kette Gyakuzuki no Tsukomi

(5) Nagashizuki

(6) Jodan Mawashiger1

(7) Chudan Ushirogeri

(8) Surikomi Jodan Sokuto

## RENRAKU WAZA – (ALL GRADES)

### Hidari Hamni Gamae

#### IPPONME

OKURIASHI-URAKEN-CHUDAN—JODAN, GYAKUZUKI-CHUDAN, SURIKOMI-ASHI-BARAI-USHIROGERI, URAKEN- JODAN, GYAKUZUKI-CHUDAN, MIGI-MAWASHIGERI- GEDAN, HIDARI-MAWASHIGERI-CHUDAN.

#### NIHONME

TOBIKOMIZUKI-JODAN, GYAKUZUKI-CHUDAN, NAGASHIZUKI-JODAN, MAWATE-URAKEN-JODAN, GYAKUZUKI – CHUDAN, SURIKOMI-MAWASHIGERI-CHUDAN, UCHIASHI-BARAI, GYAKUZUKI-CHUDAN.

#### SANBONME

ZENSHINSHITE NAGASHIZUKI-JODAN, GYAKUZUKI-CHUDAN, SURIKOMI-MAEGERI-CHUDAN,(MAEGERI UKE) GYAKUZUKI-CHUDAN, HIDARI-HIZAGERI, MIGI-FURIUCHI-EMPI.

Obviously change for right stance. Migi Hamni Gamae.

SANBON GUMITE- all grades up to 3<sup>rd</sup> Dan (4<sup>th</sup> and 5<sup>th</sup> Dan applicants will not do Sanbon Gumite)

Jodan Uke (1 & 4 )

Maegeri Uke (2 & 6)

#### OHYO/KIHON/IDORI/TANTO/TACHI

	Ohyo Gumite	Kihon Gumite	Tanto Dori	Idori	Tachi Dori
SHODAN	4 & 5	3 & 7	none	none	none
NIDAN	3 & 6	2 & 5	2 & 8	none	none
SANDAN	5 & 7	4 & 8	5 & 9	2	none
YONDAN	Any two	Any two	4 & 10	4	2 & 4
GODAN (under 50yrs)	Any two	Any two	Any two	Any two	Any two

GODAN (over 50 yrs) will be awarded at Sensei Wick's discretion

#### KATA

SHODAN - Kushanku & Chinto

NIDAN - Chinto & Rohai + Pinan chosen on day

SANDAN - Chinto & Wanshu + Pinan chosen on day

YONDAN - Jion + one advanced kata + Pinan chosen on the day

GODAN - Any two – plus Pinan chosen on day.

#### JIYU KUMITE (all grades)